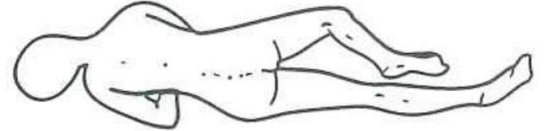


阿腸克浣腸劑 用藥指導單

1. 用於直腸給藥，不可吞服。阿腸克浣腸劑通常於睡前使用，除非醫師有特別指示。
2. 使用前先將浣腸劑置於約 37°C 左右的溫水中約 10 分鐘，使其接近體溫之溫度。
3. 振搖均勻，打開瓶蓋後，將所附插管插在瓶口上旋緊。可使用少許凡士林塗在浣腸劑的插管上。
4. 以側臥姿勢給藥：左側側臥，左腳伸直，右腳彎曲。
5. 將浣腸劑插管輕輕地塞入肛門，並慢慢推進至瓶蓋口為止。
6. 將藥液慢慢地完全擠進肛門內(至少 1 分鐘)。
7. 確定藥液完全灌入後，將藥瓶保持完全擠壓之狀態下拔出插管，並連瓶丟棄。
8. 維持相同姿勢 5-10 分鐘，儘量於第二天早上再去解便。



存放時盡量瓶口朝上直立，避免結塊形成。

開蓋時若有棕色結塊掉落，可取出搖勻後再使用。

Instruction of Colasa Enema

For rectal use only. Do not take by mouth.

Colasa Enema is usually used at bedtime, unless directed by your doctor.

1. Before use, warm the enema bottle in warm water (about 37°C or 98.6°F) for about 10 minutes to bring it closer to body temperature.
2. Shake well, open the bottle cap, and screw on the attached tube. You may apply a small amount of petroleum jelly (Vaseline) to the tube of the enema.
3. Administer the enema in a side-lying position: lie on your left side, with your left leg straight and your right leg bent.
4. Gently insert the enema tube into the rectum and slowly push it in until it reaches the bottle cap.
5. Slowly squeeze all of the liquid into the rectum (for at least 1 minute).
6. Once the liquid is completely injected, remove the tube while still squeezing the bottle, and discard the bottle.
7. Maintain the same position for 5-10 minutes, and try to have a bowel movement the next morning.



Storage: Store the Colasa Enema bottle upright with the cap facing up to avoid clumping. If a brown clump falls out when you open the bottle, remove it and shake well before using.

